

1955

## Challenge to "Live"

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Carol Vokral, H. Ec. Sr. and Nancy Reynolds, H. Ec. So., pose with William Danforth, president of Ralston Purina Company and sponsor of the Danforth Fellowships.

## Challenge to "live"

*Editor's note: Early in spring quarter a freshman and a junior in Home Economics will be chosen to receive the 1956 Danforth Fellowships. Those interested in applying for the summer fellowships should contact Dr. Germaine Guiot, chairman of the Scholarship Committee for further information.*

*By Carol Vokral  
as told to Ruth Abbott*

"I DARE YOU to stand tall, think tall, smile tall, and live tall." This is the dare I took as a "Danny Girl" when I spent 2 weeks in St. Louis and 2 weeks at Camp Miniwanca, Michigan on a Danforth Fellowship with 48 other college women.

The program designed by William Danforth, president of Ralston Purina Company, is set up to give young women an insight into the opportunities open to home economists and to show the relationship between home economics and business.

It's a program of study, research, leadership training and fun.

Our first two days as "Danny Girls" were spent 40 miles southwest of St. Louis on the 738-acre Purina Research Farm where new feeding rations are tested before being manufactured for public use.

Back in St. Louis on the third day, we switched from informal farm clothes to strictly dress-up ones. Our in-town headquarters was the Ralston Purina Company on Checkerboard Square. Here we heard lectures on nutrition, personnel finances and credit ratings. Demonstrations on disease control, animal pathology, and sanitation research were given at the analytical research laboratories.

On our scheduled tours we were given a chance to see the highlights of St. Louis, including the opera and a big league baseball game.

Our career tours took us to Stix, Baer and Fuller, a

leading St. Louis department store, where we saw the job opportunities for home economics trained women in situations from food production manager to fashion consultant.

We completely toured each of the seven hospitals at the Barnes Hospital Group, seeing the maternity floor, psychiatric wards, anatomy labs, the operating room (where we saw major surgery) and the dietary department.

Another day we were guests of an advertising agency where the role of television and radio was emphasized.

Swift and Company played host to us at their East St. Louis packing plant where we met Phyllis Tamor, a member of the Martha Logan home economics staff. She outlined her job and elaborated on the career of the home economist in business. We toured the plant, seeing meat preparation from slaughtering to packing and storing.

For our second 2 weeks we went to Camp Miniwanca, Michigan where we lived Danforth's four-fold development program. Physical, mental, social and religious aspects of living were emphasized, showing that development in all these fields is necessary for Christian leadership in today's world.

Each day began at 6 a.m. with calisthenics and a dip in Lake Michigan; then a quiet meditation period. Afternoons were devoted to games and recreation, swimming or boating, competitive sports or just relaxation under the sun.

Before leaving Camp Miniwanca, Mr. Danforth challenged each "Danny Girl" to "Stand tall, think tall, smile tall and live tall" as we had lived for 4 unforgettable weeks together.

## What's New

By Carol Stadtmueller

Applied Art Junior

A disposable broiler tray, with deep grooves to catch the fat, will solve many cleaning problems. It's made of strong aluminum foil with a reflective surface for faster broiling.

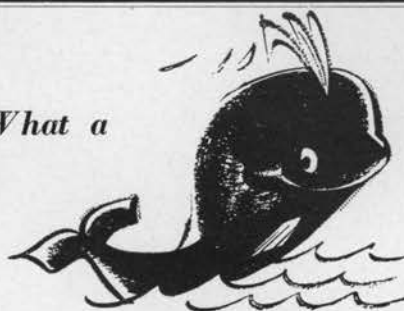
Aluminum utensils are available now in color. Porcelain enamel in hacienda red or turquoise make these utensils bright accents to match or contrast with other kitchen equipment.

A new flexible freezing tray makes 2 cups of crushed ice. The ice is frozen in wafers. With several twists of the tray the crushed ice will drop out.

A new spray, which stops shocks formed in wool and synthetic fabrics during winter, is odorless, invisible and effective for 2 or 3 months. The static electricity is cut down by the spray.

New foaming liquid protection for fabrics, paper, wood and venetian blinds can be brushed on.

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